


DIRECTOR

Karla A. Cain, M. ED., LMHC has earned a Bachelor of Arts in Sociology from the University of Puget Sound and a Masters in Guidance and Counseling. Karla is a Licensed Mental Health Therapist and a member of the American Counseling Association and Washington Counselors Association. Karla has over 30 plus years of experience working in the field of social work and counseling.




The ANSWERS Team includes:

- Behavioral Health Specialist (BHS)
- Community Health Worker (CHW)
- Infant Case Manager (ICM)
- Lactation Consultant (IBCLC)
- Registered Dietician (RD)
- Registered Nurse (RN)

OVERVIEW

ANSWERS is designed to provide timely and effective services to participants of all ages and ethnic backgrounds

ANSWERS provides an active outreach service focused on an innovative, holistic and solution-based approach.



ANSWERS Maternity Support Services & Infant Case Management Programs include the following services:

- Free Pregnancy Tests
- Free Pregnancy Verification
- Counseling
- Infant Case Management
- Lactation Consultation
- Nutrition Assistance
- Nursing Care
- Unlimited Community Resources

Visit Our Website:
AnswersCounseling.org



SERVICES

Please contact us if you are pregnant, parenting, or need help with:

- Advocacy
- Baby Items
- Birthing Classes
- Clothing
- Counseling
- Domestic Violence Support
- Drug or Alcohol Counseling
- Financial Services
- Food
- Free Pregnancy Tests
- Free Pregnancy Verification
- Furniture & Household Items
- Housing
- Legal Services
- Medical / Dental / Vision Resources
- Nursing Services
- Nutrition & WIC
- Parenting Support
- Transportation